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Media Contact:

Jenna Beach
Marketing and Public Relations Specialist
2316 First Avenue South
Birmingham, AL 35233
Phone: 205.329.7528
Mobile: 205.332.4528
jbeach@sportssafety.org
www.LemakSports.com

Lemak Sports Medicine Hosts Free Osteoarthritis Screening

Complimentary service to patients suffering from joint pain or stiffness

Gardendale, AL (July 20, 2011) —Lemak Sports Medicine & Orthopedics announced today that it will be hosting a free osteoarthritis screening for the Gardendale community on Saturday, July 30, 2011 from 9a-2p at 1413A Thompson Circle. (Osteoarthritis is a type of degenerative arthritis that is caused by the loss of cartilage in a joint. Symptoms may include joint pain, swelling, or stiffness. It is the most common form of arthritis, making it the number one cause of chronic disability in the United States.)

Dr. Jose J. Echenique will be conducting the screenings, which includes an exam and x-ray, as a complimentary service to patients suffering from joint pain or stiffness. Dr. Echenique's fellowship training under the supervision of world-renowned orthopedic surgeon Dr. Lawrence J. Lemak has given him the experience and tools to provide highly specialized and individualized care when dealing with osteoarthritis.

Lemak Sports Medicine is passionate about community involvement and credits it for much of its success. Dr. Echenique added, "Gardendale has really shown their support for our practice and this is a great way to give back to the community."

For more information, or to sign up for the free screening, please call 205.631.8887 or visit lemaksports.com.

About Lemak Sports Medicine & Orthopedics

Lemak Sports Medicine & Orthopedics is committed to providing its patients with unsurpassed care as quickly as possible. As a leader in sports medicine and orthopedics, our focus is redefining health and wellness for athletes, active professionals and youth.

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