



FOR IMMEDIATE RELEASE

Media Contact

Jenna Beach
Marketing & PR Specialist
2316 1st Avenue South
Birmingham, AL 35233
205.329.7528 Direct
205.332.4528 Cell

LEMAK SPORTS MEDICINE HELD MEDICAL SOCCER SYMPOSIUM ON SATURDAY

A panel of medical professionals and former pro athlete Taylor Twellman spoke to trainers, coaches and athletes on the importance of safety and prevention in the game of soccer

BIRMINGHAM, ALABAMA – December 13, 2011 –In light of the NCAA 2011 Men's College Cup coming to the Magic City, Lemak Sports Medicine & Orthopedics held its first annual Medical Soccer Symposium this Saturday at the Ross Bridge Golf Resort in Hoover.

The goal of the medical symposium was to increase awareness of athletic injuries at any age and any level – concentrating on soccer. Through educating coaches, parents and the athletes, the number of injuries or at least the severity of the injuries, can be reduced. Presentations made by the panel of experts focused on common soccer injuries, concussions, heat illness, return to play, common soccer injuries and life-impacting experiences.

The panel of professionals included Dr. Lawrence Lemak, Dr. Ann Lebeck, Dr. Robert Agee and Dr. Amanda Martin, all of Lemak Sports Medicine. Other speakers included Dr. John Galluci, President of JAG Physical Therapy; Taylor Twellman, former US Men's Soccer player and current ESPN analyst; and Mr. Joe Cummings, CEO of the NSCAA.

When asked the importance of the medical symposium, Dr. Lawrence Lemak (Dr. Soccer) said, "Injuries occur at an extremely high rate, especially in the game of soccer. It is vital that we educate and raise awareness to decrease risks to the athlete."

The second annual Medical Soccer Symposium is being prepared for 2012. For more information please contact Jenna Beach at 205.329.7528 or jbeach@sportssafety.org.

About Lemak Sports Medicine

Lemak Sports Medicine was founded in 2008 by world-renowned orthopedic surgeon Dr. Larry Lemak to provide unsurpassed care as quickly as possible. Our focus is redefining health and wellness for athletes, active professionals and youth.

###